

OUR DOCTOR



SHAY W. CORBIN, DC, CCSP

- Certified Cox Practitioner
- Contemporary Integrative Dry Needling
- Advanced Certification in Whiplash
- Injury Biomechanics & Mild Traumatic Brain Injury (mTBI)

Dr. Shay Corbin's extensive experience with hospital rotations, **LSU Athletics**, **PGA Tour**, sports injury and pain management make him a leader in the chiropractic world. He also holds honors such as the Magna Cum Laude, Salutatorian, and Chiropractic Honors Society Omega PSI. He has spent years with athletes, including **Olympic Track and Field athletes**, on and off-season with injury care and competition prep. He holds certifications from The Spine Research Institute of San Diego in motor vehicle collision, whiplash, and mTBI. He is often sought out as a **keynote speaker** for conferences and webinars in his field.

OUR METHODS

COX® TECHNIC

The Cox Technic is a gentle distraction (stretching) adjustment of the spine that increases the intervertebral disc space, decreases the pressure within the disc to aid in healing, and increases the size of the nerve openings to reduce pinched nerves, while restoring range of motion to spinal segments.

SPINAL REHAB EQUIPMENT

The David Exercise Equipment offers a personalized spinal rehabilitation plan that utilizes biomechanical optimization, and real time progress tracking, with AI assistance in a world class data driven system.

ASPEN CLASS IV LASER

We are proud to offer this photobiomodulation therapy which uses carefully calibrated infrared light waves to stimulate cell regeneration and enhance tissue repair on a wide spectrum of conditions.



Medical Spine & Sports

INJURY AND REHAB CENTERS

COX® TECHNIC

SPINAL DECOMPRESSION

ASPEN LASER

THERAPEUTIC EXERCISE

TRIGGER POINT THERAPY

ELECTROTHERAPY

HOT/COLD THERAPY

ULTRASOUND

MORE ACCREDITATIONS

- Member of the Board of Chiropractor Examiners (Gubernatorial Appointment)
- Advanced Certification: Whiplash Biomechanics & Injury Traumatology
- Certified Chiropractic Sports Physician

LEARN MORE



EAST BATON ROUGE
225.924.3989

WEST BATON ROUGE
225.246.7915

TOGETHER WE CAN ACCOMPLISH
OUR SHARED GOAL - **RETURNING**
YOU TO THE BEST SPINAL HEALTH
POSSIBLE, PARTICULARLY FOR
PATIENTS WHO HAVE NOT
FOUND RELIEF THROUGH OTHER
TREATMENTS, INCLUDING SURGERY.

[WWW.DOCSHAY.COM](https://www.docshay.com) 225.924.3989

SOLUTIONS FOR:

- HEADACHES
- NECK PAIN
- ARM & SHOULDER PAIN
- BACK PAIN
- HERNIATED DISCS
- SCOLIOSIS
- LEG PAIN
- ARTHRITIS
- POST-SURGICAL PAIN
- CHRONIC PAIN

EXCELLENCE IN EQUIPMENT & SPECIALITY

THE POWER OF 3 PAIN-FREE APPROACH

Each of these incredible techniques have been used for years helping thousands of patients.

Never before have these three been combined in one place to use as a system of healing, pain relief/control/management, and rehabilitation.

The synergistic benefit of combining these top non-surgical spine, pain and rehabilitative techniques are unparalleled modern medicine.

The "POWER OF 3" are only available to you from the Comprehensive Spine Care Center at Medical Spine and Sports with Dr. Shay Corbin and associates here in Baton Rouge La.

THE POWER OF 3 WILL ACCELERATE YOU INTO THE 21ST CENTURY OF SPINAL CARE.

DOC SHAY LAUNCHES COX® TECHNIC

In 2002 Dr. Shay Corbin began a 20+ year journey with the founder of the Cox Technic, Dr. James Cox. Dr. Shay quickly realized the importance and efficacy of the technic, became certified, and purchased the Cox instrument. This has become such a passion for Dr. Shay Corbin in his daily practice, that he has become a remote training facility for the Cox Technic, helping other Cox practitioners advance their skill and expertise. He has presented case reports and recently published one of those reports as primary author with Dr. James Cox.

DOC SHAY EXPLAINS HOW IT WORKS

The chiropractic physician uses a specific instrument to gently decompress the spine, which **reduces the pressure** inside the disc, and **relieves compression** on the nerves - all the while allowing the certified Cox practitioner to restore facet joint movement in all ranges of motion.

DOC SHAY INCORPORATES ASPEN LASER

In 2022 Dr. Shay incorporated the most powerful **therapeutic warm laser** with up to 45 watts of power, penetrating 5-6 centimeters (over two times other therapies ability), and stimulating cellular healing while relieving pain and inflammation.

DOC SHAY BRINGS IN DAVID EQUIPMENT

The advantages of AI and biofeedback make David Equipment a significant advancement in the US and around the globe. Dr. Shay is the 14th spine center in the US and the **ONLY** Louisiana center to have **this full spinal rehabilitation** group of equipment.